

HOLIDAY OPPORTUNITIES

GIFT GUIDE INCLUSION

\$1,000

Our annual Fit Healthy Holiday gift guide will be shared among our 150k+ audience as well as on all social channels, including our private FB group, and distributed to our email list.

SPONSORED BLOG POST OR YOUTUBE REVIEW

\$1,500

A dedicated, long-form blog post featuring your product or brand that includes:

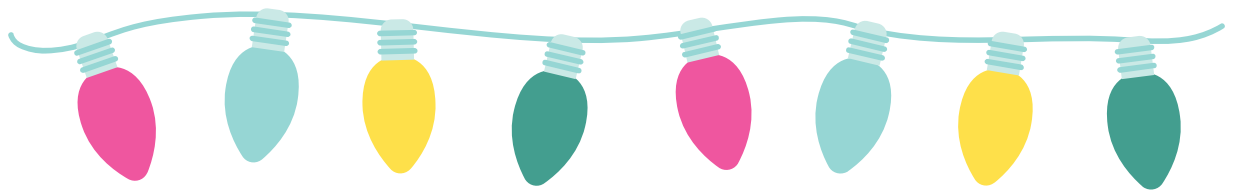
- Evergreen content
- High-quality, optimized images
- Full SEO optimization
- Proven conversion tactics and strategic CTAs
- Professional review by our team of personal trainers, Registered Dietitians, and wellness experts
- Social media promotion across all channels

SOCIAL MEDIA PROMOTION

\$500

Your brand or product will be promoted across all relevant social media platforms and distributed to our email list.





ONLINE REACH

fithealthymomma.com

Daily Views - 4k+

Monthly Views - 150k+



Private FB
Group 600+



2k+



2k+



FIT HEALTHY
MOMMA